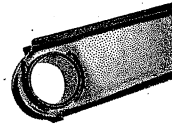
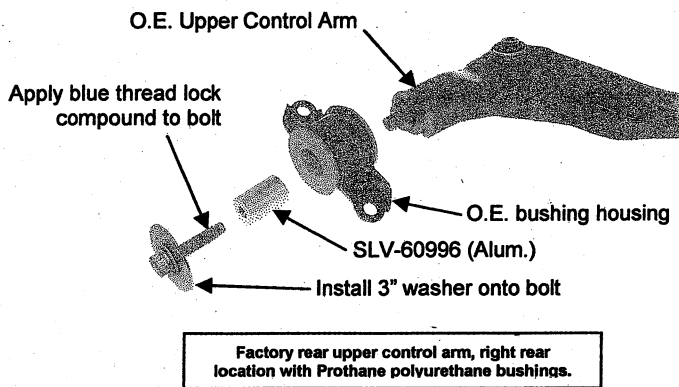


KIT NO. 7-319
2010 CAMARO REAR CONTROL ARM BUSHINGS
INSTALLATION INSTRUCTIONS

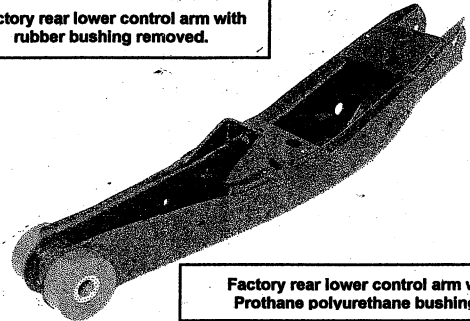


CONTENTS:

- 4 - 64429 Prothane polyurethane upper control arm bushing.
- 4 - 64436 Prothane polyurethane lower control arm bushings.
- 2 - SLV-60996 Sleeve rear upper control arm. (Alum.)
- 2 - SLV-60997 Sleeve rear lower control arm.
- 2 - WASH - 1163 (9/16" I.D. x 3" O.D. washer).
- 4 - 19-1750-002 high performance grease tube.
- 1 - Instruction sheet FORM 7-319.



Factory rear lower control arm with rubber bushing removed.



Factory rear lower control arm with Prothane polyurethane bushings.

PROCEDURE:

1. Raise vehicle high enough to remove the rear upper control arms. Use of a hydraulic lift is recommended, as it allows easier access. Make sure vehicle is secure.
2. Remove rear wheels and tires.
3. Remove the fastener securing the left side upper control arm to the rear knuckle. Remove the screw attaching the brake line to the upper control arm and move brake line out of the way. Remove the three fasteners holding the control arm to the rear sub-frame. Remove the control arm from vehicle. Repeat on right side of vehicle.
4. Disassemble the factory rubber bushings from the control arm. Press out the factory rubber bushings from the housings. Be sure bores are free of burrs.
5. Install Prothane polyurethane bushings into housings as shown in photo. Apply grease to the outside of the aluminum sleeves and the bushing flange faces. Reassemble the bushing housings onto the control arms, using the 3" washers, making sure the bolt holes align with cage nuts in the sub-frame. Apply blue thread lock compound onto the first four threads of the O.E. bolt. Reassemble upper control arms onto vehicle. Torque fasteners to factory specs. Allow one hour for thread lock to harden.
6. Next, mark the position of the cam bolts on the lower control arms, then remove the lower control arms from vehicle and press out factory rubber bushings, with the outer steel shells. Be careful not to damage the bore holes in the control arms. Remove any burrs or sharp edges with a file or emery cloth. Apply grease to all surfaces of the Prothane polyurethane bushings that contact metal. Push the bushings into the bores of the control arms. Apply grease to the outer surface of the steel sleeves (SLV-60997) and install them into the bushings. Apply grease to the flange faces of the bushings just prior to installing on vehicle. Reassemble onto vehicle using the O.E. fasteners, aligning, as closely as possible, the cam bolts to their original positions. Torque fasteners to factory specifications.
7. It will be necessary to have the rear wheels re-aligned at a qualified service center. **DO NOT HESITATE TO GET THIS DONE. AS PREMATURE TIRE WEAR WILL RESULT.**

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