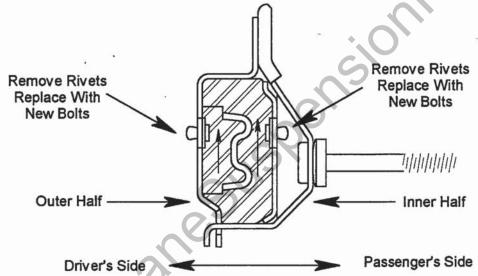
INSTALLATION INSTRUCTIONS FOR KIT #7-1609 & 7-1611

- 1) Completely read instructions before beginning any work.
- Raise complete vehicle above ground and securely support with jack stands. Note-support rear of vehicle on the frame, not on the axle.
 This is to allow free movement of the torque arm.
- 3) Support the weight of the transmission with a bottle jack and 2 x 4" piece of wood or similar device.
- 4) Remove the transmission crossmember to gain access to the torque mount. To do this first remove the single nut from the transmission mount. Next, remove 3 of the 4 bolts attaching the crossmember to the chassis, leaving the forward most bolt on the passenger side loosely attached allowing the crossmember to hang out of the way. Note-on some models the oxygen sensor wire harness is attached to the crossmember with a clip on the passenger side. In order not to damage the harness it is best to leave the crossmember attached with 1 bolt.
- 5) Remove the transmission mount.
- 6) Remove the nut from the stud and the 2 bolts that attach the torque mount to the transmission.
- 7) Seperate and remove the outer half of the mount.
- 8) Push torque arm towards driver side of vehicle. Slide mount out until it clears the transmission and twist mount upside down. Then pull mount out until the stud is clear. Note-slightly lowering the rear of the transmission will help gain added clearance.
- 9) Remove the rubber portions of the mount. First remove the aluminum rivets from both halves of the mount(see drawing). This can be accomplished by drilling them out or grinding off the heads and using a center punch to drive them out.



- 10) Install new Prothane parts onto torque arm bracket. Part #69114/69116 goes on outer(smaller) half. Part #69115/69117 goes on the inner(larger) half. Make sure parts are installed on bracket with the arrows on each part pointing up. Use the included bolts to secure the parts to the bracket(see drawing). Note-the Prothane parts must be bolted to the o.e. bracket.
- 11) Clean the end of the torque arm.
- 12) Push the arm up out of the way and slide the stud on the inner half of the bracket part of the way back into the transmission. Now twist the mount upright and slide it completely in the transmission. Install and hand tighten the 2 lower nuts that secure the mount.
- 13) Insert outer half of mount into the inner half. Using the Super Grease provided, grease the mount halves and the torque arm where they will contact each other. Pull the torque arm down and into its mounting position.
- 14) Squeeze mount halves together and install the bolt at the top of the mount. Tighten all 3 torque mount bolts.

15) Reinstall transmission mount.

16) Reinstall transmission crossmember.

Parts List For Kit #7-1609			F 60	
Part	#	Description	Qty	
U-691	114	Bushing	1 1	
U-691	115	Bushing	1 1	
Bolt-6	30	5mm8 x 12mm	4	
Nut-7	5	5mm8	4	
19-17	50	Grease	1 1	

Parts List For Kit #7-1611				
Part#	Description	Qty		
U-69116	Bushing	1		
U-69117	Bushing	1		
Bolt-60	5mm8 x 12mm	4		
Nut-75	5mm8	4		
19-1750	Grease	1		