WARNING: PROTHANE RECOMMENDS THIS AND ALL OF INSTALLATION INSTRUCTIONS FOR PONTIAC GTO OUR POLYURETHANE SUSPENSION KITS BE INSTALLED BY A QUALIFIED TECHNICIAN. Kit #7-235 1) Remove the front Control Arm from the vehicle. 2) Remove the rubber bushing from the control arm. This can be accomplished by burning the bushing out using a STRUT ROD propane or acetylene torch. The bushing shell must be left in the arm or the new bushing will not fit. SLV-60673 3) Once the bushing is burned out then thoroughly clean the inside of the arm. 4) Using the grease provided, thoroughly coat bushing #64337 and install into the arm as shown in the diagram. 5) Now grease and install the new steel sleeve provided into the bushing. 6) Grease the new thrust washer #64338 and install over CONCAVE WASHER the end of the sleeve as shown in the diagram. 64337 7) Grease the outter face of both bushings and install arm back onto vehicle per manufacturer's directions. Control Arm 65051 64338 Kit #7-1212 PARTS LIST FOR KIT #7-235 U-64337 1) Remove the front Control Arm from the vehicle. Bushing U-64338 Thrust Washer 2) Remove the rubber strut bushing from the control arm. This can be SLV-60935 SLV-80873 3/4x12mmx2.40" accomplished by pressing the bushing out using a hydraulic or arbor press. 19-1750-001 Super Grease 3) Using the grease provided, thoroughly coat bushings #65051 and install into the arm as shown in the diagram. PARTS LIST FOR KIT #7-1212 Description 5) Now grease and install the new steel sleeve provided into the bushing. The U-65051 Bushing large end goes toward the rear of the vehicle. SLV-60935 1.0x1.85" Sleeve 6) Place the O.E. concave washer on the strut rod and install the strut rod thru 19-1760-001 Super Grease the new bushing. 7) Place the O.E. flat washer and nut over the end of the strut rod and tighten to 100lb/ft. 8) Reinstall arm per manufacturer's directions. FORM 7-235 TECHNICAL ASSISTANCE 1-888-PROTHANE 12/04CGM